



# Parent Check List

- Purchase/renew USA Wrestling Card (Required)  
(Limited Folkstyle Athlete Membership. Be certain to affiliate it with Marlboro Boys and Girls Club (Wrestling))
- Purchase “essentials bundle” from team store –  
Open for 2 weeks & the only way to obtain a singlet for the season! (Required)
- Purchase family and friends SpiritWear from team store **(Optional)**
- Parent or family representative attend parent meeting **(Required)**
- Purchase Wrestling Shoes **(Required)**
- Purchase Head Gear **(Required)**
- Cut Wrestlers Nails Weekly **(Required)**
- Join GroupMe Group **(Required)**
- Provide copy of birth certificate or State ID to Commissioner **(Required)**
- Review MBGC Wrestling Parent Handbook  
(download from <https://mbgcwrestling.com>) –  
Parent -> Documents **(Required)**